



University of Pretoria Yearbook 2022

Motor learning and development I 120 (EXE 120)

Qualification	Undergraduate
Faculty	Faculty of Health Sciences
Module credits	12.00
NQF Level	05
Programmes	BSportSci
Contact time	3 lectures per week
Language of tuition	Module is presented in English
Department	Biokinetics and Sports Science
Period of presentation	Semester 2

Module content

*Closed – requires departmental selection

The module focuses on a study, critique and analysis of the development of movement skills in humans from infancy to older adulthood, and on an examination of the way different motor, cognitive and social abilities affect how, when and why an individual learns motor skills. Students will gain a basic understanding of the fundamental concepts related to motor learning and motor development, and will be provided with a solid background regarding the fundamental motor skills developed during childhood and adolescence.

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